



LAS VEGAS POLICE PROTECTIVE ASSOCIATION

LVPPA VEGAS BEAT

Representing Las Vegas Metro Police Department Officers and Deputy City and Municipal Court Marshals

VOLUME 1 | ISSUE 4

November/December 2006

Happy Holidays!



from the LVPPA



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Representing Las Vegas Metro Police Department Officers and Deputy City and Municipal Court Marshals

Las Vegas Police Protective Association Metro, Inc.

201 Las Vegas Blvd South
Suite 200
Las Vegas, NV 89101

General information:
(702) 384-8692

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(702) 384-7989

LVPPA BOARD OF DIRECTORS

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Assistant Executive Director

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Assistant Executive Director

GEORGE MARTIN
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The Las Vegas Police Protective Association is affiliated with the following organizations at the state and national level:

NAPO – National Association of Police Organizations, representing nearly 220,000 police officer members in 4,000 police associations nationwide.

IUPA – International Union of Police Associations, an AFL-CIO organization representing over 100,000 police officer members in Puerto Rico, Virgin Islands, Alaska and the continental United States in 580 locals.

AFL-CIO – The American Federation of Labor-Congress of Industrial Organizations is the voluntary federation of America's unions, representing more than 9 million working women and men nationwide.

"BIG 50" – An informal association of the 50 largest law enforcement associations in the United States.

SNCOPS – Southern Nevada Conference of Police and Sheriffs



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CALENDAR

2006

November 2	LVPPA General Membership Meeting (LVPPA office)
November 7	Election Day
November 10	Veteran's Day
November 23-24	Thanksgiving Holiday
December 7	LVPPA General Membership Meeting (LVPPA office)
December 8	Vacation Sell-back paid
December 16	SPA Christmas Party
December 25	Christmas Eve Holiday observed
December 26	Christmas Day Holiday observed
January 1	New Year's Day
January 1	New LVPPA Executive Director takes office
January 4	LVPPA General Membership Meeting (LVPPA office)

RETIREMENTS

07/21/2006
08/11/2006

Curtis M. Wildemann, P# 2603
Mark R. Johnsen, P#4118

PO II (Resident)
PO II (Motors)



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Executive Director's Message

DETECTIVE **DAVID F. KALLAS**

As most of you know by now, I am in my final months as your Executive Director. Five years have gone by very quickly. By the time you read this, the membership will have elected a new Executive Director, who will formally replace me on January 1, 2007.

Looking back over the last five years, I believe we have accomplished a lot on behalf of our membership; however, with a new "Metro" Administration beginning in January and a new Legislative session beginning in February, the Association has a lot of work ahead of them.

First and foremost, the Association intends to meet with the Sheriff-elect to discuss some key personnel issues that could not only affect the long term success of our Department, but more importantly, our concerns about the apparent "disconnect" between the administration and the officers we represent. Whether you work "the streets" or in the "jail," we know the problem is the same! Nobody seems to listen or, even worse, care!

As we have spoken with many of you over the last several weeks, we understand the burden everyone is bearing. Though we realize we are all cops with a job to do, that doesn't mean our Department can continually expect us to accomplish more and more without recognizing, and more importantly, supporting what it is we do! For years we have all heard about the ICARE stan-

dard and its meaning. Unfortunately, it appears that it is only our officers who are being held to that standard while others within the Department ignore or dismiss its value. From our perspective, that double standard is unacceptable and I pledge to spend my remaining time enlightening our new Administration on the need to value, support and appreciate the work and dedication each and every one of you bring to this job every day.

Now, realistically, are there some officers who manage to make it harder for the rest of us to do our jobs? Absolutely! But the reality is that they make up a very small, almost non-existent percentage of our work force. With that in mind, we should expect our Administration to deal with those officers on a one-on-one basis and not continually "blanket policy" everyone else. The Association will do everything it can to make sure the new Administration understands that and demands that same mentality from its staff.

I would like to personally thank all of you who have supported me over the years. I know we have not always agreed, but together we did get a lot of things accomplished.

As my successor takes office, I would ask that you continue your support so your Association can provide you with the support you need.

As always, stay safe!! **VB**

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Thanks, Dave!

DETECTIVE CHRIS COLLINS

Assistant Executive Director

In case you have not heard, David Kallas is not seeking reelection to the position of Executive Director of the Las Vegas Police Protective Association. This is one of those unique situations that both saddens us and makes us happy.

Here are just a few of the many reasons we should all be sorry to see Dave step down: Let's start in 2001. There can be no doubt that, when Dave took over the Las Vegas Police Protective Association, it was on the brink of disaster. The Las Vegas Police Protective Association was under attack from the Las Vegas Law Enforcement Association. This group was attempting to become the exclusive bargaining unit for the rank and file officers here at Metro. This matter was resolved when the Employee Management Relations Board ordered that the membership, through an election, should decide which group they wanted to represent them. We all know now that the Las Vegas Police Protective Association was successful in that election.

Dave was handed the leadership reins of an organization with the least amount of members in its history, a \$5,000,000 medical insurance debt and a membership whose morale and trust was all but gone. Five years later, many

of these problems have been overcome. Membership is at an all-time high, the Medical trust now has a \$5,000,000 reserve, the Association has a net worth of more than \$5,000,000 and the membership's morale and trust of the Union are up. This is not to say that everyone is always happy with the decisions of the Las Vegas Police Protective Association Board of Directors but at least they are done above board and in the light of day.

Dave has represented us and all officers of the state of Nevada at the past two Legislative sessions. Through Dave's efforts and the efforts of others, many benefits have been gained not only for the officers here at Metro, but for all officers in the state of Nevada. Officers now have more rights under N.R.S. 289 than ever before. Through Dave's leadership, the Las Vegas Police Protective Association was the first group to contribute money to the More Cops initiative. This will not only make our officers' jobs a little safer, but secures the entire community as well. I think you get the idea that officers around Nevada owe Dave a heartfelt thank you, and with him not seeking re-election, we should all be saddened a little.

Now, for the reasons we should all be happy for Dave: Dave has made a decision that he believes is in his best interest as well as the best interest of his family. As you know, Dave has said that he would stay at the Las Vegas Police Protective Association if the new Executive Director wants him to — for this, we should all be thankful. Whoever you, the membership, elect as the new Executive Director will certainly have a much easier road ahead of them than Dave did. Dave inherited an organization with the cupboard empty, but is handing the new Executive Director an organization with full cupboards.

For me, personally, I would like to say thanks to Dave for being a mentor and much more than a friend. On behalf of the Board of Directors and the staff here at the Las Vegas Police Protective Association, thank you, Dave, for your friendship and outstanding leadership during the past five years and into the future. **VB**

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Horses for Heroes

OFFICER GEORGE MARTIN
Assistant Executive Director

The PPA is always looking for ways to reach into the community to find programs and activities for our members. This particular community organization was a referral from one of our members. After meeting with Sydney Knott and her daughters, it was obvious that the PPA's members would be well served by this program. I invite you to read on and join us for the Kick-



Horses for Heroes is a program for the children in our community whose parents do so much for us every day. Specifically, Horses for Heroes focuses their program on the children of police and corrections officers, fire fighters,

(continued on page 24)



Off on November 19.

Have you ever thought about exposing your children to horses and having them learn to ride them too? Was the cost a factor? Was finding a reputable and safe environment a concern? If so, there is an opportunity for you and your family to get to know these graceful and majestic animals up-close.

Horses for Heroes, Inc., a



non-profit foundation, is a network of barns, riding academies and trainers who have promised to offer "deeply discounted" riding lessons, play days and camps to families of police and corrections officers, firefighters, active duty military personnel and other heroes in our communities.

Horses for Heroes Wants You!

Join us as we kick-off National Family Week by celebrating the heroes in our community and our love of horses.

Sunday, November 19, 2006
Horseman's Park
Main Arena
1:00 p.m. to 4:00 p.m.

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- * Refreshments * Surprises * Family Fun! *

Horses for Heroes, Inc. a non-profit corporation, is a program for the children in our community whose parents do so much for us every day. Specifically: children of police and corrections officers, fire fighters, military personnel, and other heroes in our community.

For more information about Horses for Heroes or the kick-off event, contact Sydney Knott at (702) 645-8446.





National Guard and Reserve Members: Avoiding Job Conflicts

CORRECTIONS OFFICER TOM REID

Assistant Executive Director

The LVPPA has received several calls in the past year from officers and their supervisors concerning Military duty. This article will attempt to provide information that will help the employee and supervisor.

Most employment conflicts can be avoided by being candid with your employer about your obligations as a member of one of the Reserve components. Don't take your employer's support for granted. Keep your supervisor informed about what you do in the military and when you do it. Let your boss know the vital mission that is supported by your participation in the National Guard or Reserve. Let your boss know how your military experience and training will make you a more capable Metro employee. Here's a summary of advice on how to keep your boss on your side:

Talk to Your Supervisor

No matter what your military assignment or specialty, tell your employer about it. Many people hold down military jobs that relate directly to their civilian careers. If yours is one of them, your boss would be pleased to know that you are learning and practicing military skills that can pay off on the job. Even if what you do in the military is different from your civilian job, sharing the details can impress your boss. You are using your spare time to participate in a second career that is of great importance to your community and the nation. That is a strong indication to people at work that you are the type of person who can seek out and handle serious responsibility.

Federal Law

Experience has shown that members of the National Guard and Reserve, as well as their employers, do not always have a clear understanding about employment and reemployment rights for Reserve component members. Federal law guarantees the right to take time off from work to attend to your military responsibilities. The more that you, your boss, human resources and payroll know about the federal laws and legal precedents that spell out Reserve reemployment rights, rules and obligations protected by the laws, the less chance there is for misunderstanding. Basically, the Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA) provides that an employer must give you time off to perform military service and reemploy you following the service with status, seniority and rate of pay as though you never left. The employer cannot discriminate against you because of your military connection. This protection applies to employees who are full-time, part-time or probationary, so long as the employment is not brief, non-recurring and not expected to continue for a significant period. The details of USERRA can be found at <http://www.esgr.org/contents/userra.pdf>.

Drill Schedules

Don't make your boss guess about your National Guard or Reserve duties. The more information you share with the boss — drill schedules, annual training plans, reemployment rights and rules and any extra time-off requirements — and the earlier you share it, the easier things will go. Many units meet on the same weekend of each month, with exceptions of holidays or when scheduled annual training intervenes. If your unit follows this pattern, let your supervisor know. Remember, you must give your employer advance notice of any military service, if possible. This includes drills. Let your boss know as early as possible when you will be absent from work. When schedule changes occur, notify your supervisor as soon as you know about them. In some cases, you

may be given little or no notice for reporting for military duty. If this happens, let your boss know as soon as you can.

Annual Training Schedules

The same rules apply for Annual Training (AT). Most units schedule their AT months in advance — that is the time to provide notification to the employer. A change in orders can be more easily handled than an unplanned absence. If you are going to be on an advance party, or if your AT will exceed the traditional two weeks, make sure your supervisor knows about it well in advance.

Extra Training

When you or your unit needs additional training, or you are scheduled to attend a service school, let the boss know about it. Giving employers the maximum lead-time enables them to make plans to accommodate your absence. To the extent that you have control over the scheduling of additional training, try to minimize any adverse impact your absence will cause from the civilian job. Show consideration for your boss and your co-workers when you volunteer for nonessential training.

Non-Training Active Duty

Many Reserve component members perform tours of active duty that are not for training. This can range from short active duty tours, to support exercises or work on special projects, to years of active duty in the Active Guard Reserve (AGR) or similar programs. Again, under USERRA, prior notice of this type of duty must be given to your employer. Remember too, that most duty of this type is subject to a cumulative five-year time limit, after which you no longer have reemployment rights under USERRA with a given employer.

Emergency/Contingency Duty

Many Reserve component members have served on active duty in support of such operations as the Persian Gulf conflict and the continuing war on terror. In any case, when you have been activated involuntarily for a particular mission, your period of service will not count against the cumulative five-year limit established under USERRA. In most cases, voluntary duty will also be exempt from the five-year limit if it is in direct support of a contingency operation.

Scheduling

If you miss work while you perform military service, your employer is not obligated to reschedule you to make up the time lost. However, if employees who miss work for nonmilitary reasons are afforded opportunities to make up the time lost, you must be treated in the same manner. Further, you cannot be required to find a replacement worker for the shift(s) you will miss as a condition of being given the time off by your employer to perform military service.

Vacation

Federal law allows you the option to use earned vacation while performing military service, but you cannot be required to do so. The only case where you could be required to use your vacation would be if your company has a planned shutdown period when everyone must take vacation, and your military service coincides with that period of time.

Vacation Accrual

Your employer is not required to provide for vacation accrual while you are

(continued on page 23)



Year-End Statistics

DETECTIVE MICHELLE JOTZ
Secretary

Training

Assistant Executive Director Chris Collins and I recently attended training, provided by the Police Fire Labor Institute, relating to political positioning and public relations. Ron Delord, President of CLEAT (Combined Law Enforcement Associations of Texas), was the moderator and one of the highly entertaining speakers. Ron provided examples of many successful campaigns he has been involved in, including campaigns that climaxed with commercial spots covering the poor radio communications systems in Oahu, Hawaii. The radio commercials have an out-of-breath officer asking a citizen to borrow a cell phone to call

in a robbery in progress. The voice-over says, "If an Oahu police officer asks to borrow your cell phone, please hand it over. The Oahu PD radio system has dead spots in each of the four corners of the island." Ultimately, a decision was made to fix the radio problem without having to endure a lengthy court battle. I think Chris and I both learned quite a bit from the tactics taught during this class. You'll be seeing more of the PPA in the future!

Representation Statistics

Esther has compiled our year-to-date statistics to help keep you informed on what we are out doing with our time. These numbers don't include any briefings that have been attended, Police and Corrections Academy Class presentations, Political Action Committee interviews, etc. These numbers are current through October 20, 2006. **VB**

SEPTEMBER/OCTOBER 2006 REPRESENTATION STATISTICS

LABOR MANAGEMENT BOARD HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
N/A	N/A	N/A	N/A
NON-CONFIRMATION HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
8/11/06	DUI w/Accident	Recommendation for Non-Confirmation	Non-Confirmation
PRETERMINATION HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
01/29/06	Neglect of Duty; Use of Force; and Truthfulness Required at all Times	Recommended for termination	160 hours suspension
5/19/06	Truthfulness Required at all Times; Obedience	Recommended for termination	Pending Hearing 11/01/06
ARBITRATIONS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
02/17/06	Truthfulness Required at all Times; Conduct	Terminated	Pending Closing Briefs/ Arbitrator Decision
CITIZEN REVIEW BOARD COMPLAINTS			
Dismissed	Referred to IAB for Review	Concurred w/IAB Finding	Pending CRB Decision
2	1	0	2

(continued on page 29)



Treasurer's Report

DETECTIVE FRED GALEY

LVPPA Treasurer, Trust Representative for the LVMPDEH&WT
(Las Vegas Metropolitan Police Department Employee Health and Welfare Trust)

Here are a couple of reminders to make sure that your insurance coverage doesn't have a snag:

1. If you and your spouse are on the LVMPDEH&WT, and one of you has your children covered also, make sure that you contact Benefit Planners at (702) 413-1701 to tie you and your spouse together for the family deductible. The family deductible is \$500.00 each calendar year. If you do not do this, you will be paying more out of pocket. You will be paying \$250.00 for one single *and* \$500.00 for the family coverage with the children. The system is not able to automatically tie spouses together.
2. This causes a lot of problems for those families who have changes in their family status. If you have a baby, you have 31 days to enroll that child. The newborn is covered for the first 31 days, but you must officially enroll the child within the 31 days to continue coverage. You can either go down

to Benefit Planners, located at 1050 E. Flamingo, Suite E-329, Las Vegas, Nevada 89119, to enroll your child, or call (702) 413-1701 to have them send you a form. You will need a certified copy of the birth certificate, but that sometimes takes a while. Please make sure that this is completed within the 31 days.

If you have any questions on either of these items, please contact Benefit Planners at (702) 413-1701.

The table on page 27 lists the contact information for your health benefit providers. **VB**



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Responding to a Citizen Review Board Complaint

JOHN DEAN HARPER
Chief General Counsel

Unlike Notices of Internal Investigation from Internal Affairs, your Association does not receive any notice sent to you from the Citizen Review Board. As you may know, the Citizen Review Board was originally created by state law in 1999 and was subsequently organized by Clark County and the City of Las Vegas. Although the Association disputes some of the procedures and policies of the Citizen Review Board as being in violation of substantive due process rights, as well as federal and state law, it is recommending that our members comply with all requests.

The most common request is to respond to a Screening Committee investigation regarding a citizen's complaint. If you receive such a request, do not sign any waiver forms included in the letter. Immediately contact the LVPPA and speak to our Legal Department. We will set up an appointment with you to obtain your version of the events and will ascertain if any documents or

statements are needed. The Citizen Review Board generally does not have access to any Department documents and the only information it has is the citizen's allegations.

Our Legal Department will interview you and respond to the Citizen Review Board on your behalf. This benefits you in that, as the subject officer, you are not "married" to a statement. Since the response is generated by the Legal Department, there is no statement that can later be dissected or compared and contrasted to other statements or reports. By doing this, we can avoid questions of truthfulness because the officer said "something different."


It has been the Association's experience that only a small percentage of those complaints making it to the Screening Committee ever go to a Citizen Review Board hearing. If the complaint does reach that level, the Association will represent you in that forum.

Remember, this is just one of the many benefits of membership in the PPA! **VB**

End of Watch

(Note: Absent direct notification to the LVPPA, we do not otherwise know of a member's death.)

- Name:** Buddy Hardy, P#0862
Rank: Sergeant/Senior Photo Lab Technician
Assigned To: Photo Lab
Hired: April 11, 1953
Retired: October 25, 1963
Rehired: February 5, 1973
Retired: February 24, 1984
Died: September 16, 2006
- Name:** Benjamin Smith Jr., P#1560
Rank: Corrections Officer II
Assigned To: Clark County Detention Center
Hired: May 4, 1978
Retired: September 6, 2005
Died: September 22, 2006



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KATHY WERNER
General Counsel

Understanding Garrity

In *Garrity v. New Jersey*, 385 U.S. 493 (1967), some police officers were questioned during the course of a state investigation concerning alleged ticket fixing. The officers were ordered to respond to the investigator's questions and were informed that a refusal to respond to the questions would result in their discharge from their employment with the police department. The officers answered the questions. Their answers were subsequently used to criminally convict them. On appeal from those convictions, the United States Supreme Court ruled that the use of the officers' statements in criminal proceedings violated the Fifth Amendment's guarantee that citizens cannot be compelled to be witnesses against themselves. The Court held that "the choice imposed on the officers was one between self-incrimination or job forfeiture," a choice the Court deemed "coercion." The Court stated that "policemen ... are not relegated to a watered-down version of constitutional rights," and ruled that statements which a law enforcement officer is compelled to make under threat of possible loss of his job could not subsequently be used against the officer in a criminal prosecution.

The *Garrity* decision and its resulting protections are some of the most important rights that exist for you as police officers. The basic idea of the *Garrity* protection is that an officer cannot be compelled, by threat of discipline and/or termination, to make statements that may be used in a subsequent criminal proceeding. Likewise, an officer cannot be terminated for refusing to waive his or her Fifth Amendment right to remain silent. See *Gardner v. Broderick*, 392 U.S. 273 (1968). In *Gardner*, a police officer who was being questioned about alleged bribery and corruption was discharged after refusing to sign a waiver of immunity, which would have allowed the use of his statements in a subsequent criminal prosecution. The Court reversed the officer's termination, holding that the officer was discharged solely for his refusal to waive a constitutional right. The Court ruled that, while a law enforcement agency can conduct an administrative investigation of an officer, it cannot in the course of that investigation require the officer to waive the immunity under *Garrity*.

In order for the *Garrity* protection to apply, the statement sought to be protected must be coerced and not given voluntarily. This means essentially that there must be an order, under threat of termination or some other disciplinary action, to give a statement on a work related matter. But this standard is a subjective one. In other words, "[b]efore a police officer's testimony will be considered 'coerced' within the meaning of

Garrity, he must show that he subjectively believed that he would lose his job if he refused to answer questions and that his belief was objectively reasonable". *U.S. v. Waldon*, 363 F.3d 1103 (11th Cir. 2004). While you can generally meet this standard, remember that purely voluntary or spontaneous statements, statements to non-supervisory fellow officers and statements to third parties are not protected by *Garrity*.

There must also be a threat of discipline and/or termination for *Garrity* to apply. This *Garrity* trigger or requirement is interpreted strictly by some courts and liberally by others. Some courts hold that, unless there has been an explicit threat of termination, *Garrity* does not apply. For example, certain courts have held that even though an agency's rules require an officer to obey a lawful order which might impose upon him an obligation to answer questions regarding a work matter, the fact that there may be adverse consequences if he fails to cooperate does not mean that he was "compelled" to incriminate himself. Another court reasoned similarly in finding that, even though an officer was told she would be charged with "obstruction" if she refused to answer questions in a criminal investigation, her statements were voluntary because she was not told specifically that she would be fired if she exercised her Fifth Amendment right to remain silent. On the other hand, some courts find *Garrity* to apply reasoning that an officer could logically conclude that termination might occur when he is reminded that his job depends on his going to an interview and that policy requires him to cooperate. Keep in mind that, even in courts where an express threat of discipline is not required, there must still be an "objectively reasonable" belief that some adverse employment action may occur for failing to give a statement.

With this in mind, one would be wise to get *Garrity's* protections explicitly stated in any record of the statement sought to be protected. The best method for accomplishing this purpose is to give a proper *Garrity* protection declaration as a regular part of an investigation. As we all know, the Internal Affairs section of our agency already does this. Internal Affairs investigators read the following admonition into the record at the start of each interview involving one of our employees:

Because you are being compelled to answer questions as an employee, under threat of termination, your statements, any information or evidence which is gained through such questioning cannot be used against you in any criminal proceeding. Do you understand this right?

This is an adequate statement of the *Garrity* protection, in that it specifies that the statement is being compelled and

(continued on page 13)

(continued from page 12)

that failure to comply with the order may subject the employee to termination. As noted above, these are the two triggers for *Garrity*, so this declaration should leave no question in the mind of any judge who is asked to rule on the propriety of producing or admitting into evidence a compelled internal statement that the protections contemplated by the *Garrity* decision are in effect. What is not clear is whether such an admonition is always given in employee interviews outside the Internal Affairs context. Generally, when an investigation is being conducted by an employee's chain of command at the direction of Internal Affairs, it appears as though the same statements and admonitions are given as if it were in Internal Affairs. On the other hand, preliminary inquiries by an officer's chain of command may be less formal, with no *Garrity* warnings given. When in doubt, an officer would be wise to make his or her own *Garrity* declaration before giving a statement. At the very least, the *Garrity* declaration should contain the following elements: that the officer is being ordered, under threat of discipline, to give a statement; that the statement is subject to immunity; and that the officer is not waiving any of his constitutional rights. So, for example, a good *Garrity* declaration might go as follows:

On this date and time, I am being ordered by my supervisor to submit this statement. I give this statement at his order as a condition of my employment as I have no alternative but to give this statement or face discipline or termination. I understand that the department requires this statement only for internal purposes and that it will not be released to any other agency. I am giving this statement based on the

*understanding that this statement, and any information or evidence gained by reason of this statement, will not and cannot be used against me in any subsequent criminal proceeding. For any and all other purposes, I hereby reserve my Constitutional right to remain silent under the Fifth and Fourteenth Amendments to the United States Constitution and any other rights prescribed by law. I rely specifically upon the protection afforded me under the doctrine set forth in *Garrity* should this statement be used for any other purpose.*

Once we know *Garrity* applies, i.e. once we have determined that the Department has ordered an officer to answer questions under threat of disciplinary action and advised the officer that the answers to the questions will not be used against the officer in a criminal proceeding, if the officer then refuses to answer appropriate questions, the officer may be disciplined for insubordination. Since the officer's answers cannot be used against the officer in a subsequent criminal proceeding, discipline for refusal to answer questions in an internal interview is allowable even if the officer is also the subject of an ongoing criminal investigation.

A final point to keep in mind is that a compelled statement under *Garrity* provides immunity in a subsequent criminal proceeding. The statement can, however, be used for many other purposes. For example, the statement can be used in a subsequent disciplinary proceeding against the officer, it can be used in a civil lawsuit brought against the employer and the officer, and it can even be used in a criminal prosecution of someone other than the person giving the statement.

I hope you find this information informative. As always, don't hesitate to contact me if you have any questions. **VB**

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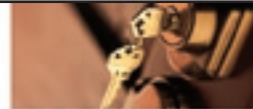
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EXECUTIVE DIRECTOR'S ELECTION

Detective Michelle Jotz
Association Executive Board Secretary

All ballots for the Executive Director's election were required to be post-marked by Monday, October 16, 2006. Our office staff worked very diligently to ensure that each ballot was submitted properly. Laura printed detailed instructions that required all ballots to be marked and submitted in a plain white envelope (for anonymity) and for that white envelope to be placed inside a larger envelope. The larger envelope had a sticker that required the member's name, signature, and P#. If those criteria were not met, the ballot was void and not counted. Ballots were counted on Thursday, October 19, and the following are the results:

Total ballots received:	669
Total invalid ballots:	25
Votes for Chris Collins:	454 (winner)
Votes for Jeorge Martin:	153
Write-in votes:	37

Congratulations to Chris Collins for being elected as the new Executive Director of the PPA. Chris will take office effective January 1, 2007. **VB**

BOARD OF DIRECTORS ELECTIONS

Detective Michelle Jotz
Association Executive Board Secretary

All ballots for the Board of Directors elections were required to be post-marked by Monday, October 16. Ballots were counted on Thursday, October 19, and the following are the results:

Clark County Detention Center #3

Total ballots received:	125
Total invalid ballots:	4
Votes for Scott Nicholas:	69 (winner)
Votes for George Perrone:	52

Congratulations to Scott Nicholas for being elected as the Representative/Director for CCDC #3.

Southcentral Area Command

Total ballots received:	36
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Total invalid ballots:	1
Votes for Hector Navarro:	22 (winner)
Votes for Edward Ortega:	13

Congratulations to Hector Navarro for being reelected as the Representative/Director for Southcentral Area Command.

Unopposed Elections

Congratulations to the following Representatives/Directors who were unopposed for this election:

Airport Bureau	<i>Jimmy Dwyer</i>
Convention Center	<i>Henry Hoffman</i>
Deputy City Marshal	<i>Michael Reinarz</i>
Laughlin	<i>Christopher Crawford</i>
Northwest Area Command	<i>Mark Chaparian</i>
Southeast Area Command/ Mounted Patrol Unit	<i>Mike Fortunato VB</i>

THANK YOU LETTERS

This card is from the girls of the Lightning Soccer Team, which the LVPPA Executive Board most graciously decided to sponsor. The girls are very excited and thankful for your gift. Your gift is appreciated and will be well used.

The parents of the girls of Lightning Soccer Team

Thank you, LVPPA. From Lightning.

Coach Matt Moore	Coach Sergio Villa
Amanda Chaparian	Makenna Burns
Madelyn Moyes	Samantha Villa
Brooklyn Greco	Neally Peters
Courtney Wardle	Alexi Wisner
Sarah Goddard	Sara DeGregorio
Assata Jasper	Shelbi Denman

Hannah Esparza
Hailey Moore



Dear L.V.P.P.A.:

My wife Michelle & I would like to extend our heartfelt thanks for your timely delivery of a beautiful bouquet for my father's passing. The flowers were beautiful. They were delivered on time to the proper location as promised. Again, we thank you!

Michael & Michelle Hunte
NEAC

REFLECTIONS FROM NATIONAL POLICE WEEK 2006

Craig W. Floyd

(Reprinted with permission of the author and American Police Beat Magazine)

It was the deadliest period in the history of Arizona law enforcement. In the span of six weeks, beginning on December 28, 1970, six Arizona lawmen were killed in the line of duty. Among the officers who died was a 28-year-old patrolman with the Arizona Department of Public Safety named Don Beckstead. He was shot during a traffic stop on February 5, 1971, and died two days later.

Don Beckstead left behind a wife, Ramsey, and two young sons. More than 30 years have passed since the death of her husband, but on May 13 of this year, Ramsey made her first visit to the National Law Enforcement Officers Memorial to see her husband's name engraved on panel 11-E, line 17. She timed her visit to coincide with National Police Week and the annual candlelight vigil at the Memorial. She was accompanied on her visit by Sharon Knutson-Felix. Sharon's husband, Doug, was killed in the line of duty while serving with the Arizona Department of Public Safety in 1998. Sharon had made the trip to Washington for National Police Week many times before and she helped to convince Ramsey that she should join her this year.

I had the privilege of meeting Ramsey at the memorial on the afternoon of the candlelight vigil. We walked together over to the special place where her husband's name is inscribed and I could not help thinking what a bitter-sweet time this must be for Ramsey. She knew it would be tough — after all, she had waited some 15 years to visit the memorial. The tears in her eyes reflected the pain she still felt. But, after talking to Ramsey, I could tell that she also was experiencing a great sense of pride in knowing that her husband

was being honored in such a special way.

The meeting with Ramsey Beckstead was one of many poignant moments that made National Police Week and the time leading up to it, so memorable this year. On May 8, I traveled to Florham Park, New Jersey for the kickoff of the Tenth Annual Police Unity Tour. Founded by Florham Park Deputy Police Chief Pat Montuore in 1997, the Police Unity Tour bicycle trek raises money and public awareness for the National Law Enforcement Officers Memorial Fund (NLEOMF). Before this year's ride, a special monument was dedicated in front of Florham Park Police Headquarters for the two fallen officers whose deaths inspired the ride, Detective Francis A. Dailey and Patrolman Robert F. Hauptman, who died in an airplane crash on July 17, 1975, while conducting a narcotics surveillance mission.

More than 1,000 riders and support personnel participated in this year's Police Unity Tour. All rode hundreds of miles over a four-day period. In fact, one group of officers from California spent a month biking 3,000 miles across the country. Another rode 1,000 miles from the Federal Law Enforcement Training Center in Glynco, Georgia, in honor of the more than 800 federal officers who have died in the line of duty. The group that originated in Virginia included the four-year-old grandson of fallen Portsmouth (VA) officer Ricky Spaulding, who rode half a mile on training wheels. When they all finished their journey on May 12 and rode onto the memorial grounds, they presented the NLEOMF with a check for \$1 million to help build the National Law Enforcement Museum, and they announced a pledge to raise a total of \$5 million for the museum over the next four years.

Among this year's first-time Police Unity Tour riders were the mother and sister of Oregon State Trooper Scott Lyons, 23, who was killed in 1997 in an automobile crash. Nancy Ely is an Illinois officer who was riding in honor

(continued on page 24)

NATIONAL LAW ENFORCEMENT MUSEUM

Assistant Executive Director Chris Collins

This article is going to give you a brief update on the progress being made by the National Law Enforcement Memorial Fund (NLEOMF) in their effort to build the National Law Enforcement Museum. I could not write this article without first addressing a letter many of received back in early October while I was in Washington D.C. In short, the letter (written by a former Board member) stated I asked Dave to give away \$100,000 of Association money to the National Law Enforcement Museum. There is a sliver of truth in this statement. The rest of the story goes like this ...

In the spring of 2005, I learned of the effort being put forth by the NLEOMF to build a National Law Enforcement Museum. After this meeting, I went to the National Law Enforcement Memorial and sat quietly with my own thoughts. While sitting there, it became very clear to me that the Museum was needed and here is why ... I began to think of the 13 fallen officers of our own (now 14 of our officers have fallen) whose names appear in the Memorial walls. I watched families walk around the Memorial and appear as if not to know what to do next after paying their respects. I thought it would be nice if these families had the



Museum to go to and learn more about the profession that had taken a loved one from them.

Upon my return to Las Vegas, I indeed did go to the community, strip hotels and the Sheriff in an attempt to raise money for the Museum. I then decided to ask the LVPPA Board of Directors to become a Founding Partner in the Museum by contributing \$100,000 over five years. On February 17, 2005, the Board of Directors voted 17-0 to become a Founding Partner in the Museum. The LVPPA, along with 17 other associations, are now founding partners. Eleven other associations have now given \$100,000 to become Groundbreaking Society Members. One association has given \$250,000 and another has given \$500,000.

I wish I could take all the credit given me by the former Board member but I cannot, the LVPPA Board of Directors made the decision and I am proud to be associated with each and every one of them. Through their efforts and the efforts of many others like them, not only the fallen officers but all officers will be remembered in our nation's capital.

Now for the update ...

To date, the NLEOMF has raised \$25 million of the \$90 million needed to build the Museum. Law enforcement itself is the single largest donor with \$9 million raised. Within the law enforcement group, the single largest donor is the Police Unity Tour (for the record, the LVPPA sponsors the LVMPD Police Unity Tour Team) with a pledge of \$5 million.

When it opens in 2009, the National Law Enforcement Museum will be the largest and most comprehensive museum of its kind in the world. Located in Washington, D.C., just steps from the National Law Enforcement Memorial

(continued on page 24)

N.A.P.O. UPDATE

Detective Chris Collins
Assistant Executive Director

In October of this year, it was again my privilege to travel to Washington, D.C. to represent the members of the LVPPA at the Legal Rights and Legislative Seminar hosted by the National Association of Police Organizations (NAPO). The purpose of the seminar is to keep local law enforcement representatives up-to-date on federal legislation. As you can imagine, there are far too many Bills to write about them all so I have chosen a couple I thought would be of interest to you.

HELPS Retirees Act

First, let's talk about the HELPS Retirees Act of 2005. This bill was signed into law (Public Law 109-280) by the president on August 17, 2006.

What does this bill do?

The bill would allow retired public safety officers to use up to \$3,000 annually from their pension funds, including defined benefit plans and defined contribution plans, to pay for qualified health insurance premiums without taxing these distributions.

Why is the bill necessary?

Because of the physical demands and unique job hazards faced by public safety officers, they often retire earlier than other occupations and face significant healthcare needs. Unfortunately, many retirees lose their employer-provided health insurance and are many years away from being Medicare-eligible, which forces them to spend their retirement money on health insurance premiums. Although our retirees do not lose their insurance, they must pay the entire premium.

What is a public safety officer?

A public safety officer is defined in law as "an individual serving a public agency in an official capacity, with or without compensation, as a law enforcement officer, firefighter, or rescue squad or ambulance crew". This applies to federal, state and local public safety officers.

What is a qualified health insurance premium?

These are premiums for coverage provided by an accident or health insurance plan or a long-term care insurance contract for a retired public safety officer, his or her spouse and dependents.

Where does the money come from?

The money comes directly from a public safety officer's personal retirement funds, including defined benefit plans, defined contribution plans and deferred compensation plans. For the purpose of the \$3,000 annual limit, all eligible retirement plans are treated as a single plan.

Does the bill create new government programs?

No. The bill does not create new government programs or provide public safety officers access to healthcare options they don't already have. It simply makes existing options more affordable with a modest tax benefit.

In short, our retirees will receive tax-free money from our post-retirement trust (currently \$350/month) and will be allowed to use up to \$3,000 a year (pre-tax) from their pension plan or their deferred compensation plan. This comes to a total of \$600 a month to pay the premiums for healthcare or long-term care.

Safer Skies Act

The second bill is the Safer Skies Act of 2006. You may remember that this bill was introduced by Senator Harry Reid at the request of the LVPPA. This bill would allow most state and local law enforcement officers to carry their weapons on aircraft when traveling for personal business or pleasure. This bill currently has only one other sponsor, Senator John Ensign. During my trip to Washington D.C., I was able to meet with staff from both Senator Reid and Senator Ensign's office. After these meetings, we all agreed that one of the problems with the bill is that it contains language that perhaps excluded many of the smaller police agencies around the country. All parties involved, including NAPO Executive Director Bill Johnson, have agreed to work on new language in hopes of getting all law enforcement behind this bill. This bill will be reintroduced in the 110th Congress. As I said before, we must be patient. This bill, much like HR-218 (the right to carry a concealed firearm), may take many years to pass. With the help of both Senator Reid and Senator Ensign, the LVPPA along with NAPO will continue to work toward the passage of the bill. It is only fair that state and local law enforcement officers have the same rights as federal law enforcement officers. **VB**



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WHEN THE LORD CREATED PEACE OFFICERS

When the Lord was creating peace officers, he was into his sixth day of overtime when an angel appeared and said, "You're doing a lot of fiddling around on this one." And the Lord said, "Have you read the spec on this order? A peace officer has to be able to run five miles through alleys in the dark, scale walls, enter homes the health inspector wouldn't touch and not wrinkle his uniform. He has to be able to sit in an undercover car all day on a stakeout, cover a homicide scene that night, canvass the neighborhood for witnesses and testify in court the next day. He has to be in top physical condition at all times, running on black coffee and half-eaten meals. And he has to have six pairs of hands."

The angel shook her head slowly and said, "Six pairs of hands ... no way."

"It's not the hands that are causing me problems," said the Lord, "it's the three pairs of eyes an officer has to have."

"That's on the standard model?" asked the angel.

The Lord nodded, "One pair that sees through a bulge in a pocket before he asks, 'May I see what's in there, sir?' (When he already knows and wishes he'd taken that accounting job.) Another pair here in the side of his head for his partners' safety. And another pair of eyes here in front that can look reassuringly at a bleeding victim and say, 'You'll be all right, ma'am', when he knows it isn't so."

"Lord," said the angel, touching his sleeve, "rest and work on this tomorrow."

"I can't," said the Lord, "I already have a model that can talk a 250-pound drunk into a patrol car without incident and feed a family of five on a civil service paycheck."

The angel circled the model of the peace officer very slowly, "Can it think?" she asked.

"You bet," said the Lord. "It can tell you the elements of a hundred crimes;

recite Miranda warnings in its sleep; detain, investigate, search and arrest a gang member on the street in less time than it takes five learned judges to debate the legality of the stop ... and still it keeps its sense of humor. This officer also has phenomenal personal control. He can deal with crime scenes painted in hell, coax a confession from a child abuser, comfort a murder victim's family, and then read in the daily paper how law enforcement isn't sensitive to the rights of criminal suspects."

Finally, the angel bent over and ran her finger across the cheek of the peace officer. "There's a leak," she pronounced. "I told you that you were trying to put too much into this model."

"That's not a leak," said the Lord, "it's a tear."

"What's the tear for?" asked the angel.

"It's for bottled-up emotions, for fallen comrades, for commitment to that funny piece of cloth called the American flag, for justice."

"You're a genius," said the angel. The Lord looked somber. "I didn't put it there," he said.

— Author Unknown **VB**



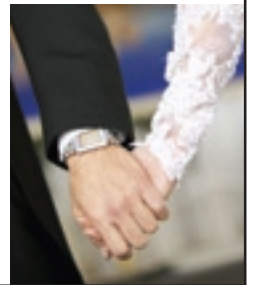
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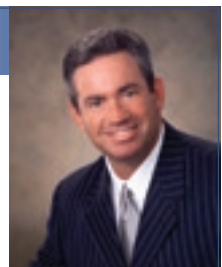
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ACADEMY F.C. '97

Hector Leal

Recently, our team took the opportunity to attend a PPA General Membership meeting to thank the Board of Directors for their sponsorship of our U-10, all girls, soccer team of eight and nine year olds. We presented the Board with a plaque that has our team photo and our stats. Our team has won the following seven Division Championship titles in Nevada:

- 2004 Fall U8 Champions
- 2005 Spring U8 Champions
- 2005 Fall U9 Champions
- 2005 Indoor Soccer U9 Champions
- 2005 Labor Day Tournament Classic-U9 Champions
- 2006 Memorial Day Tournament-U9 Champions
- 2006 Labor Day Classic Tournament-U10 Champions

We have been undefeated in Nevada since September of 2004. We will also be participating in 2007 in Arizona's largest soccer tournament. Teams from around the country, as well as from Mexico, travel to Arizona to participate in this tournament.

Thanks to the generosity of the PPA, we have been able to use their sponsorship funds toward required expenses (registration fees, uniforms, and trophies) for players from low-income families on our team who would have otherwise been unable to participate in competitive soccer. I have been a U.S. Youth Soccer



The Las Vegas Police Protective Association, LVPPA has made special arrangements exclusively with John Giatropoulos, Fleet Manager at Chapman Dodge and Chapman Chrysler Jeep, for it's members and their families to be eligible to purchase vehicles and receive special benefits including a low fleet price with no distasteful negotiations.

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Coach for approximately 12 years and am currently the Head Coach of the Academy F.C. '97 team.

We would like to sincerely thank the PPA for their support and sponsorship!

Hector Leal has been a police officer with LVMPD for more than eight years and is proud to coach his daughter. VB



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WHAT A GREAT START!

James Miranda
Owner, Excel Defense Studios

We've been open for a little over a month now and I couldn't be more excited with the turn-out from our law enforcement brothers and sisters. I think back to the reason we started this endeavor (additional training for law enforcement) and I feel that our message is definitely getting out there.

What really makes me feel good, though, is when I'm contacted by another officer who has been training at the studio and they say, "Do you remember that move you showed me? I had to use it the other night and it really worked." Or, "Man, I haven't felt this good in a long time. I have more energy and endurance and it's only been a month." People are actually surprised at what they can accomplish in just a short time. The key is commitment. You don't have to train and beat yourself up like a professional athlete or starve yourself like a model to feel like you're getting in shape. A set training or workout program three or four days a week for about an hour at a time is all you really need. That's only four hours out of your life, per week, dedicated to something so important that your life may depend on it. I don't know anyone who can't find four hours per week in their schedule. If that's your only excuse, then I say it's unacceptable and you need to make time to train — not only for your job, but for yourself.

I know, at times, it is hard to motivate yourself to workout. My suggestion? You should shake up your strength training with some boxing, kickboxing, Jiu Jitsu or endurance classes. This can make it more interesting and break up the monotony, giving you a great recipe for getting in shape quickly. The most important thing to remember is not to run yourself into the ground by training too much. People often think that they need to train or workout for hours on end to obtain quicker results, but that's just not true. If you train for

more than one and a half or two hours per workout, then you're just wasting your time and energy. Your body needs time to recover and grow. Keep your workouts simple. Here is a quick workout schedule for those who may be just getting into working out:

Monday — Chest

Four exercises (make sure you have at least one bench press or dumbbell press exercise)
Three sets of moderate weight; 10-15 reps per set (20-30 seconds rest between sets)

Tuesday — Legs*

Four exercises
Three sets of moderate weight; 10-15 reps per set (20-30 seconds rest between sets)

Wednesday — Back

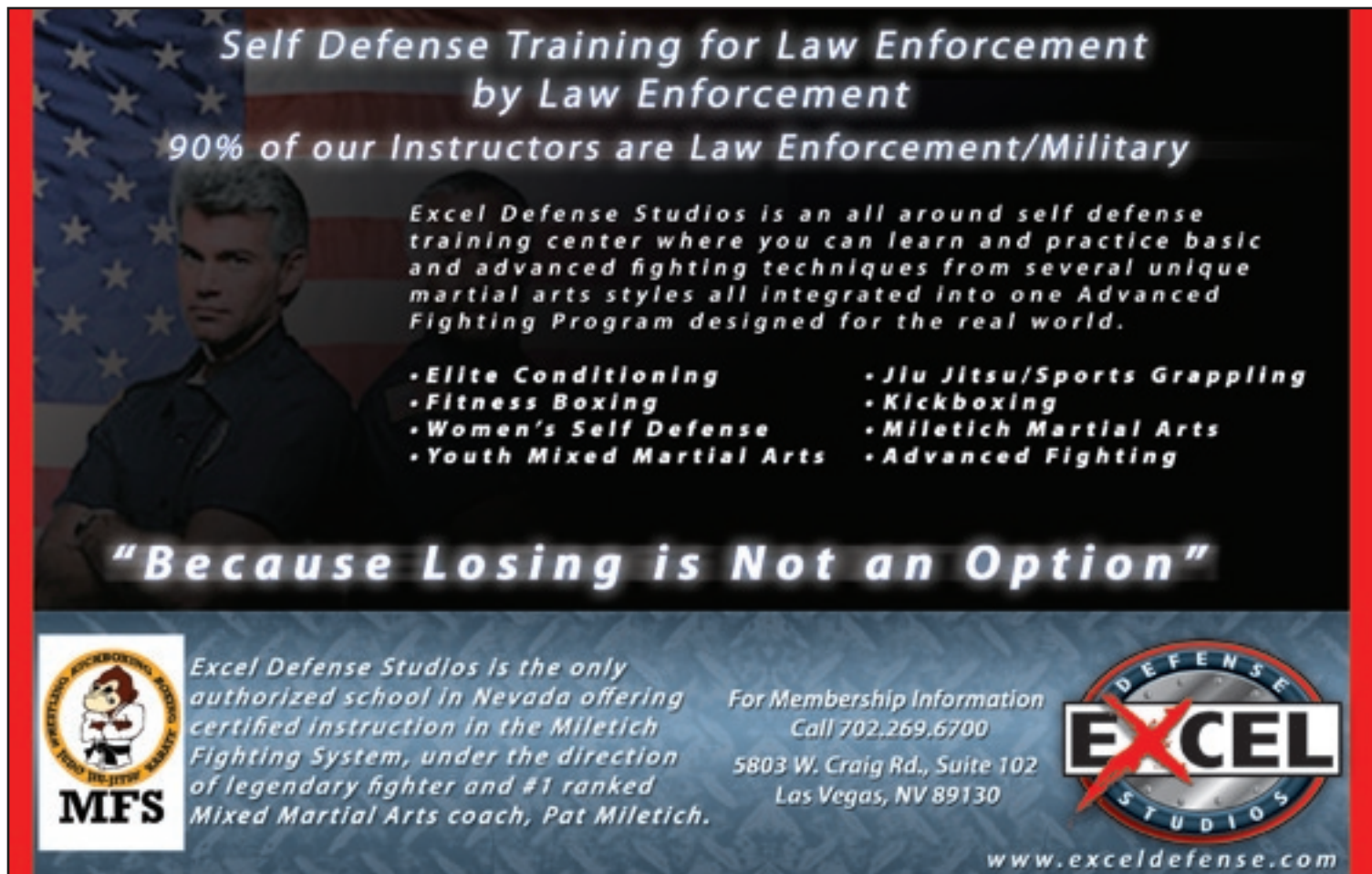
Four exercises (make sure you have one power exercise such as low rows or lat pull-downs)
Three sets of moderate weight; 10-15 reps per set (20-30 seconds rest between sets)
(Pull-ups are a great core strength exercise)

Thursday — Legs* (same as Tuesday)

Friday — Shoulder/arms

Four exercises per body part

(continued on page 23)




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by Law Enforcement**

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For Membership Information
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5803 W. Craig Rd., Suite 102
Las Vegas, NV 89130



www.exceldefense.com

WHAT A GREAT START

(continued from page 22)

Three sets of moderate weight; 10-15 reps per set (20-30 seconds rest between sets)

Make sure you exercise the front and back of your shoulders and do at least one press exercise (military or dumbbell). Don't forget your triceps and forearms. This will probably be your longest day in the gym since you are working more muscle groups.

*Add a Tuesday or Thursday for legs and get a full workout. Do at least one squatting exercise. (Yes, air squats count, but use a medicine ball or plate for more resistance.)

Cardio—Start out with 20 minutes running on treadmill, start at 4.5 miles per hour and, every two minutes, increase by a half mile per hour. Stretch for 10-15 minutes after workouts (always a good idea). Drink a lot of water prior, during, and after your workout. Make sure you get about 30 to 40 grams of protein in your body within 30 minutes after your workout. This will help with the recovery of your muscles.

In addition to your workout, again I suggest you take some fighting and/or endurance classes. I truly believe that if you are going to train, then you should practice skills that will help you survive on the street. That's the great thing about Excel Defense Studios; we have it all under one roof. Don't worry about your skill level. Our members range from beginners to advanced, and you have to start somewhere. Actually, I would say we have more beginners than advanced students training right now.

We welcome all skill levels and are ready to train YOU!!! Come check us out for a free day when you mention this article. Check us out on the Web at www.exceldefense.com. **VB**

NATIONAL GUARD AND RESERVE

(continued from page 8)

absent from work performing military service, unless accrual is permitted for employees on nonmilitary leave of absence of similar length.

Pay

Although some private and many state, county, and city government employers provide full or partial civilian pay to employees absent on military duty — usually for a limited period of time — the law requires only an unpaid leave of absence.

Reward the Boss for Supporting Your Service

The Department of Defense will send your boss — through your unit commander — a personally prepared certificate of appreciation if you, the National Guard or Reserve member, just apply for it. The certificate comes mounted in a handsome folder, bearing the Department of Defense seal embossed in gold. Take time to do your best to “brag” about your boss. The stronger your boss's support (as shown in the application), the greater the likelihood that he or she will also receive a higher award.

The Department has historically been extremely accommodating to our military members. If you have any questions about military duty, please don't hesitate to contact me. I've got first-hand experience with this as I am also a Reservist. **VB**

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THEME PARK	TICKET	REGULAR PRICE	LVPPA PRICE
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	One Day Pass-Child (3-11)	\$14.95	\$15.00
	One Day Pass-Seniors (62+)	\$14.95	\$15.00
Soak City—(Knott's)	CLOSED UNTIL MEMORIAL DAY		
Legoland	Two Day Pass-Adult	\$57.00*	\$33.00 (Expires 1/31/07)
	Two Day Pass-Child (3-12)	\$44.00*	\$33.00
	Two Day Pass-Seniors (60+)	\$44.00*	\$33.00
San Diego Zoo	One Day Pass-Adult	\$32.00	\$28.00 (Expires 3/31/07)
	One Day Pass-Child (3-11)	\$19.75	\$17.00
Sea World	Two Day Pass-Adult	\$54.00*	\$42.00 (Expires 7/31/07)
	Two Day Pass-Child (3-9)	\$44.00*	\$36.00
Universal Studios	Three Day Pass-Adult	\$59.00*	\$40.00 (Expires 1/31/07)
	Three Day Pass-Under 48"	\$49.00*	\$40.00
	Child B Under 3 yrs	Free	Free
Wild Animal Park	One Day Pass-Adult	\$28.50	\$25.00 (Expires 3/31/07)
	One Day Pass-Child (3-11)	\$17.50	\$16.00

* Reflects single day admission price.

Tickets may be purchased in person at the LVPPA office located at 201 S. Las Vegas Blvd., Suite #200, during normal business hours. Acceptable methods of payment are cash or check.

For questions and information, please contact the LVPPA at (702) 384-8692.

The LVPPA makes no profit from the sales of Theme Park Tickets; however, our ticket costs are rounded to the nearest dollar. Revised 08/2006.

REFLECTIONS FROM NATIONAL POLICE WEEK

(continued from page 15)

of her best friend, Robin Vogel, a Decatur, Illinois officer who was broadsided by a drunken driver on October 3, 2005. Jessica Rittenhouse was not sure if she could finish the ride, but the memory of her brother, Matt, a Tennessee patrolman killed in 2004, proved to be all the inspiration she needed.

Just prior to the Memorial Candlelight Vigil, I had the pleasure of visiting with Deborah Teasley, the wife of Fulton County, Georgia Deputy Sheriff Hoyt Teasley, and Claudia Barnes, the wife of Fulton County Judge Roland Barnes. Both of their husbands were killed by an escaping felon last March, along with a court reporter and David Wilhelm, the Assistant Special Agent in Charge for the U.S. Department of Homeland Security's ICE Field Office in Atlanta.

At the candlelight vigil, a special guest was acknowledged in front of the more than 20,000 people who had gathered. His name was David Rohrer, Chief of Police for the Fairfax County, Virginia Police Department. Earlier that same day, he faced a police chief's toughest task — burying one of his officers. Detective Vicky Armel, 40, had been shot and killed when a crazed gunman went to a police stationhouse parking lot and fired more than 70 shots at unsuspecting police officers. Master Patrol Officer Michael Garbarino had been critically injured and died eight days after the cold-blooded ambush.

On the morning of May 15, I attended a reception at the U.S. Capitol. Many law enforcement leaders and dignitaries had gathered for the 25th Annual Peace Officers Memorial Day service hosted by the Fraternal Order of Police and their Auxiliary. At the reception, I met one of the top officials from the Atlantic City, New Jersey Police Department, who informed me that he was there to honor a colleague and his 28-year-old nephew, Thomas J. McMeekin Jr., who had been struck and killed by a tour bus on March 4, 2005, while directing traffic at an accident scene. Soon after, I was introduced to Sondra Ton Keane. She was just seven months old on January 10, 1938, when her father, U.S. Postal Inspector Walter Ton, was killed in an airplane crash while transporting two postal thieves from Montana to Minnesota. Her father's name was one of 311 deaths prior to 2005 that were added to the memorial this year after only recently being discovered.

Pat Cleveland had been to the Memorial many times before, but I met her for the first time this year. She told me that her father, Hugh D. Cleveland of the Elberton, Georgia Police Department, had been shot and killed while responding to a domestic disturbance call on September 30, 1951. His was one of the original 12,561 names engraved on the National memorial when it was dedicated in 1991. Pat said that after the crazed gunman killed her father, he then committed suicide with his young son looking on. Pat says she still keeps in touch with the son of her father's murderer after all of these years — two different people who share the same haunting memory.

On May 16, after most of the out-of-town guests had gone home, I spoke at a local memorial service honoring four local law enforcement officers who had been killed during the prior year. One of those officers was Joseph Pozell of the Washington, D.C. Metropolitan Police Department. He was a reserve officer who was struck and killed while directing traffic at a busy Washington intersection — one of 42 reserve or auxiliary officers on the National Memorial. The risks they assume are much the same as regular officers, but they are volunteers and do not get paid.

One of the most inspiring moments for me actually came at the last public event I attended during Police Week. It was an awards ceremony for correctional officers sponsored by Corrections U.S.A. I listened to story after story of heroism and dedicated service. Correctional officers are often forgotten heroes, but on this day they were treated to standing ovations. Finally, David Gonzalez was introduced to the crowd. His 43-year-old brother, Manuel "Manny" Ariza Gonzalez Jr. had been stabbed to death on January 10, 2005, while serving as a corrections officer with the California Department of Corrections. David told us that after Manny's death, he decided that the greatest tribute he could give his brother was to become a correctional officer himself. David now works at the same Chino Institution for Men that his brother did, ensuring that Manny did not die in vain and that his legacy of dedicated law enforcement service will continue.

Craig W. Floyd is Chairman of the National Law Enforcement Officers Memorial Fund. Visit www.nleomf.com for more information about law enforcement officers killed in the line of duty. VB

NATIONAL LAW ENFORCEMENT MUSEUM

(continued from page 15)

and surrounded by our country's most honored monuments to our heroes, the Museum will welcome millions of visitors from around the world.

The 90,000 square foot museum will be a hands-on classroom, an inspiring "glimpse behind the badge" that teaches a story that has largely gone untold. All who come will be inspired and will leave with a better understanding that the peace officers who serve us are a vital and valued part of American society.

For the law enforcement community, the congressionally-authorized Museum will be a source of enormous pride. This timely tribute will celebrate the story past and present of all the brave officers who serve and protect us every day. And for the first time anywhere, the work of America's 20,000 law enforcement agencies will be honored and recognized.

If this article moves you to help build the National Law Enforcement Museum by making a contribution, please feel free to contact me at the LVPPA office at (702) 384-8692. If you would rather, you can contact Stacey Sipes of the NLEOMF in Washington, D.C., at (202) 737-3400.

On behalf of the today's 870,000 men and women who form America's "thin blue line" of law enforcement, this Museum is not only needed but "A MATTER OF HONOR." VB

HORSES FOR HEROES

(continued from page 7)

military personnel, special needs teachers and those in our community who care for the critically and terminally ill. Horses for Heroes was founded by Allison Knott of Las Vegas, Nevada, and is destined to be a national organization, offering enriching experiences with horses and farm animals to children across the country.

Join everyone for the Horses for Heroes kick-off on Sunday, November 19, 2006, at Horseman's Park (east of Boulder Highway on Flamingo) between 1:00 p.m. and 4:00 p.m. For more information about Horses for Heroes, contact Sydney Knott or Dacia Metsker at (702) 645-8446. VB

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NEVER FORGET THE PSOBA

Aaron Nisenson

In 1976, Congress passed the Public Safety Officer Benefits Act (PSOBA) to provide federal benefits to survivors of public safety officers who are killed or disabled in the line of duty (42 U.S.C. 3796). Currently, these benefits include a death benefit of \$283,385, disability benefits if an officer is permanently and totally disabled and educational assistance to survivors.

When Congress passed the PSOBA, it expressed a profound appreciation for the sacrifices law enforcement officers make:

The physical risks to public safety officers are great; the financial and fringe benefits are not usually generous ... a Federal death benefit to ... survivors is a very minor recognition of the value of government places on the work of this dedicated group of public servants.

s.Rep. No. 94-816, at 3-4.

However, the scope of the PSOBA is often underestimated. Several recent cases illustrate areas where the PSOBA coverage may have been overlooked. First, the individuals covered by the PSOBA is expansive: the PSOBA definition of "law enforcement officer" includes "an individual involved in crime and juvenile delinquency control or reduction, or enforcement of the laws, including, but not limited to, police, corrections, probation, parole and judicial officers."

Thus, covered law enforcement officers include individuals who may not generally be considered law enforcement officers, such as school traffic officers (*Cassella v. U.S.*, 68 Fed.Cl.189), reserve deputies (*Hawkins v. U.S.*, 68 Fed.Cl. 74), chaplains and volunteer firefighters (*Messick v. U.S.*, Ct.Cl. Mar. 27, 2006).

Therefore, the potential for PSOBA benefits should be considered when *any* member is killed in the line of duty, not just those working on the street.

Second, the situations in which a death is considered "in the line of duty" is very expansive. It covers not just active enforcement of criminal laws, but also individuals involved in enforcement of civil laws, or in crime prevention and reduction (*Cassella, Hawkins.*) Therefore, the courts have awarded benefits to an officer killed after falling from a horse during a mounted posse (*Hawkins*); a school traffic officer killed while directing traffic (*Cassella*); an officer killed on the way home from duty by a fleeing suspect (*Davis v. U.S.*, 46 Fed.Cl. 421); and a fourteen-year-old volunteer firefighter killed while traveling to a fire station to respond to an alarm (*Messick*). Thus, PSOBA benefits should be explored whenever a covered member is killed in *any* duty related activity. Areas that may be overlooked include deaths occurring while reporting to work in an emergency, engaging in directing traffic and preparing for duty.

PSOBA benefits are granted by the federal government, and managed by the Department of Justice. (See www.ojp.usdoj.gov/BJA/grant/psob/psob_main.html.) However, please remember that courts have rejected certain federal regulations, finding that they unjustly excluded qualified individuals (*Hawkins, Messick*). Therefore, when in doubt a claim should be filed.

In cases of legal disputes, the Court of Federal Claims resolves disputes. The I.U.P.A. general counsel is authorized to practice in this court in the event that local union counsel needs assistance.

Aaron Nisenson is General Counsel for the International Union of Police Associations (I.U.P.A.). The LVPPA is a member of I.U.P.A. **VB**



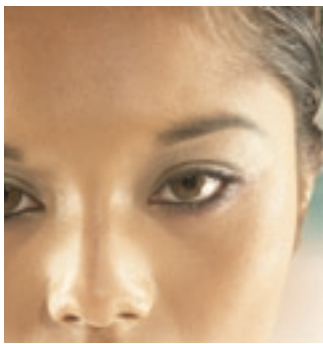
State Police

Following is the equipment furnished the 30 state police: Fifty 30-30 Winchester carbines; fifty Colt's pistols, thirtyeight-calibre, long, both to be of the latest model; one hundred rounds of ammunition for each carbines and pistol; fifty nickel plated badges, numbering from 1 to 50, with the words Nevada State Police stamped on each; our badges with the words, Sergeant Nevada State Police; one badge with words Inspector Nevada State Police; one badge with words Superintendent Nevada State Police.

When published in 1905, the editors of the *Las Vegas Age* newspaper wrote, "The *Age* has been cordially welcomed to Las Vegas and will endeavor to express its appreciation by publishing a live, readable paper and one that truthfully reflect the onward march of progress in the beautiful Las Vegas Valley." The newspaper was published weekly until 1924.

The short article to the left lists the equipment furnished to the then-thirty strong state police force. (The Las Vegas Metropolitan Police Department was officially established in 1973.) This article appeared in the February 22, 1908 issue of the *Las Vegas Age*.

Want to learn more about the history of police in Las Vegas? Full complete digital images of the *Las Vegas Age* are available through the Las Vegas-Clark County Library District. Or, stay tuned for more "Blast from the Past" articles in future issues.



Preventing Migraines

What causes migraines?

A migraine is a real, medical condition that involves a genetic sensitivity of your brain and nerves. Researchers believe that each migraine attack consists of a series of events. These include: nerve stimulations in your brain, the inflammation and swelling of the blood vessels on the surface of your brain and a change in the way your brain processes pain.

How can I avoid a migraine?

You can help prevent migraines with healthy lifestyle habits. Maintain consistent eating, sleeping and exercise schedules. It's also important that you learn, and then avoid, your migraine triggers.

You're most likely to have migraines if:

- you're between the ages of 15-55.
- you're female. Women are almost three times more likely to suffer from migraines than men.
- you have a family history of migraines. Up to 90 percent of people with migraines have a family history of the condition.

If you experience migraines, you could have them just a few times during your life, once or twice a year, or as often as every week.

Migraine Prevention

Six techniques you can use to help prevent-or control-your migraines:

1. Avoid triggers. Identifying and then avoiding the triggers that bring on your migraines is one of the best things you can do.
2. Get regular exercise. Do aerobic exercises, such as walking, cycling or swimming, most days of the week. Exercise reduces tension, a common migraine trigger. That said; make sure you always warm up slowly — sudden, intense physical activity can cause headaches.
3. Lower your stress level. Stress can cause or aggravate migraines. Try meditation, biofeedback therapy or join a support group.
4. Maintain a daily routine. Getting the sleep you need (seven to eight hours a night for most adults) and eating a well-balanced diet with plenty of fruits and vegetables can ward off migraines.
5. Quit smoking. Smoking can cause headaches or make them worse.

(continued on page 27)

6. Reduce the effects of estrogen. If you're a woman and estrogen triggers or worsens your headaches, talk to your doctor about avoiding or reducing the amount of medications you take containing estrogen, such as birth control pills or hormone replacement therapy.

Headache Helpers

If you're already in the throes of a migraine, help ease your pain with these techniques:

- Do muscle-relaxation exercises, such as yoga or stretching.

Troubling Triggers

Dozens of factors affect migraine sufferers. These triggers may be internal, external or a combination of both. There are some triggers you can control (food, alcohol, medication, sleep) and some you can't (weather, hormones). Identifying and controlling your triggers may help you prevent or reduce the number of serious migraine attacks. The following are some of the common migraine triggers:

Food and Beverage Triggers

- * Aged cheese
- * Alcoholic beverages, especially red wine
- * Artificial sweeteners
- * Beans
- * Caffeine
- * Chocolate
- * Citrus fruits
- * Cultured dairy products
- * Fermented, pickled or marinated foods
- * Food additives such as nitrates, found in hot dogs, bologna and salami
- * Monosodium glutamate (MSG)
- * Nuts and peanut butter
- * Raisins
- * Sauerkraut
- * Seasoned salt
- * Vegetables such as avocados, pea pods, lima beans and onions
- * Yeast-containing foods, such as breads and donuts

Environmental and Lifestyle Triggers

- * Tobacco smoke
- * Chemical smells
- * Stress
- * Fatigue
- * Bright or fluorescent lights
- * Strong or unusual odors
- * Missing meals or fasting meals
- * Changes in weather or altitude
- * Sunlight
- * Loud noise
- * Menstrual period
- * Sleep disturbances
- * Intense physical activity (including sexual activity)
- * Certain medications, such as birth control pills
- * Hormonal changes



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STRESS & TRAUMA: WHAT TO KNOW

James R. Alvarez, Ph.D.

Does this sound like you or someone you know?

- Ever since the event, I have nightmares almost every night.
- The emergency is over, but the terrifying flashbacks continue.
- I avoid places and things that remind me of the event.
- I feel like I can't trust anyone.

If so, you may have Post-Trauma Stress Disorder (PTSD), an anxiety disorder that can occur after experiencing a traumatic event. It's a real illness. It's not your fault and you don't have to suffer.

Answer the following questions, then contact us to get more information about how to help yourself and others. PTSD is frightening, real, and *treatable*.

Have you experienced a traumatic event with the loss of life, serious injury, or the threat of either? Answer the following questions about how you've felt most days in the *past week*.

Have you:

- Been bothered by unwanted memories, nightmares, or reminders of this event? Y / N
- Had terrifying flashbacks about this event? Y / N

- Been making an effort to avoid thinking or talking about this event or doing things which remind you of what happened? Y / N
 - Lost enjoyment for things, kept your distance from people or found it difficult to experience feelings? Y / N
- 2 - 3 YES answers-Further evaluation recommended.
4 YES answers-Contact us for more information.

Remember

You're having normal reactions to abnormal events. It's okay to feel bad. Don't make major decisions now. Eat well. Get Rest. Exercise. Talk to people. Accept support. Get information on dealing with stress. As a member of the International Association of Hostage Negotiators, we want to do all we can to help. Sometimes, all we need to do is vent. Sometimes, we need a little more. The first step is to recognize that you need to talk to someone. Don't wait — today is the right time. We, your family, and your friends care. Contact jalvarez@hostagenegotiation.com.

Dr. Alvarez has a degree in Psychology from Columbia University and has been involved in hostage negotiation training for over a decade. He is the only psychologist who consults the NYPD Hostage Negotiation Team and Scotland Yard. VB

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Diversified Dental Services, Inc.	www.ddspco.com (800) 249-3538	* Contracted dental providers
Medical Eye Services	www.mesvision.com (800) 877-6372	* Contracted vision providers * Vision benefits
Sav-Rx	www.savrx.com (800) 228-3108	* Contracted pharmacies * Prescription benefits
Illumination Medical Inc.	www.illuminationmedical.com	* Medical advocacy-patient services

MIGRANES

(continued from page 26)

- Rest in a dark room.
- Place a cold pack on your head or neck.
- Apply pressure or massage painful areas.

More Information on Migraines

- American Council for Headache Education
www.achenet.org
- M.A.G.N.U.M./The National Headache Association
www.migraines.org

- National Headache Foundation
www.headaches.org
- The World Headache Alliance
www.w-h-a.org

If you believe you are experiencing migraines, please consult your physician. The above information is not intended to replace your physician or diagnose any medical condition. VB

VEGAS BEAT EDITORIAL POLICY

1. Opinions expressed in *LVPPA Vegas Beat* are not necessarily those of the Las Vegas Police Protective Association.
2. No responsibility is assumed for unsolicited material.
3. Letters or articles submitted shall be limited to 500 words and must be accompanied by writer's name but may be reprinted without name or address at writer's request.
4. Freedom of expression is recognized within the bounds of good taste and limits of available space.
5. The Board of Directors reserves the right to edit submissions and/or include Editor's Notes to any submitted material.
6. The deadline for submissions to *LVPPA Vegas Beat* is approximately 30 days prior to the issue date.

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You will help Las Vegas cops, and your donation is tax deductible.

Thank you for your support.



Merry Christmas

from the PPA

Kathy Werner, General Counsel

'Twas the night before Christmas, when all through the town,
The cops were all working to keep the crime down.

Patrol cars were cruising down the Strip with no care,
In hopes that gang bangers would not be there.

The COs were keeping the calm in the jail,
Hoping no bad guys would get out on bail.

PPA reps and the staff, no longer on duty,
Had just settled down to open their booty.

When out on the streets there arose such a clatter,
AMs went flying to see what was the matter.

People had started to call for the cops,
When they heard sled noises on their rooftops.

The moon in the sky gave the officers light,
And what they saw caused a great fright.

On top of the roof of Department of Personnel,
Was a man in red suit, looking like hell.

He claimed to be Santa, but he looked very sly,
We all tried to warn him, "You lie and you fly."



He didn't seem phased, he didn't much care,
Simply looked at the cops and gave them a dare.

"Now Kallas, now Jotz, now Collins and Reid,
If you come any closer I'll retake the lead.

I'm faster than you, I can fly off this wall,
So go away, get away, dash away all."

These cops were all seasoned, they knew not to fret,
This Santa was crazy and they'd get to him yet.

And then in an instant, they heard dispatch say,
"Get him off of that roof and take him away."

The cops took a stance and one pulled a Taser©,
Santa jumped off the roof and he had a razor.

A struggle ensued...well you know the rest,
The cops tried to avoid another inquest.

Sarge decided a Legal 2000 was the only way,
So they waited and watched, hoping Santa would stay.

Then AMR arrived and it was time for some fun,
The cops cornered Santa, they did a drive stun.

They took him quite quickly, they put him in jail,
Some elves showed up, but couldn't post bail.

It was a good night, there were several arrests.
The COs were happy, they had some new guests.

As they pulled out of jail, Santa got in a fight,
So much for "Merry Christmas" or "a good night"!



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SECRETARY'S MESSAGE

(continued from page 9)

SEPTEMBER/OCTOBER 2006 REPRESENTATION STATISTICS (CONT.)**OFFICER INVOLVED SHOOTINGS/USE OF DEADLY FORCE INCIDENTS**

Date	Use of Force Board Decision	Inquest Decision
06/27/06	Justified	N/A - no death
06/27/06	Justified	N/A - no death
07/04/06	Justified	Justified
07/06/06	Justified	N/A - no death
07/09/06	Pending Scheduling	Justified
07/26/06	Justified	N/A - no death
08/09/06	Pending Scheduling	N/A - no death
09/16/06	Pending Scheduling	N/A - no death
9/30/06	Pending Scheduling	Pending Scheduling
9/30/06	Pending Scheduling	N/A - no death
10/19/06	Pending Scheduling	Pending Scheduling

INTERNAL AFFAIRS SECTION and BUREAU LEVEL INTERVIEWS

Declined/Cancelled	Represented	Total
30	58	88

ACCIDENT REVIEW BOARD

Excusable	Non-Negligent	Negligent	Rescheduled
5	4	45	5

JULY/AUGUST 2006 REPRESENTATION STATISTICS**LABOR MANAGEMENT BOARD HEARINGS**

All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
10/21/05	Conduct Unbecoming an Employee/Misconduct	80 hours w/40 hour option	40 hours w/40 hour option

NON-CONFIRMATION HEARINGS

No Non-Confirmation hearings were held during the month of July 2006

PRETERMINATION HEARINGS

All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
12/01/05	Truthfulness Required at all Times; Conduct	Recommended for termination	Not terminated; no discipline; AOC Not Sustained
01/29/06	Neglect of Duty; Use of Force; and Truthfulness Required at all Times	Recommended for termination	Pending Hearing 08/17/06

ARBITRATIONS

All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
02/17/06	Truthfulness Required at all Times; Conduct	Terminated	Pending Arbitration 09/26/06

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SECRETARY'S MESSAGE

(continued from page 29)

JULY/AUGUST 2006 REPRESENTATION STATISTICS (CONT.)

CITIZEN REVIEW BOARD COMPLAINTS			
Dismissed	Referred to IAB for Review	Concurred w/IAB Finding	Pending CRB Decision
1	0	0	2

OFFICER-INVOLVED SHOOTINGS			
Date	Use of Force Board Decision	Inquest Decision	
04/28/06	Justified	Justified	
05/13/06	Justified	Justified	
06/3/06	Justified	Justified	
06/11/06	Justified	N/A - no death	
06/11/06	Justified	N/A - no death	
06/27/06	Pending Scheduling	N/A - no death	
06/27/06	Pending Hearing 08/16/06	N/A - no death	
07/04/06	Pending Scheduling	Pending CI Hearing 09/08/06	
07/06/06	Pending Scheduling	N/A - no death	
07/09/06	Pending Scheduling	Pending CI Hearing 09/29/06	
07/26/06	Pending Scheduling	N/A - no death	
07/31/06	Pending Scheduling	N/A - no death	

INTERNAL AFFAIRS SECTION and BUREAU LEVEL INTERVIEWS			
Declined/Cancelled	Represented	Total	
30	52	82	

ACCIDENT REVIEW BOARD			
Excusable	Non-Negligent	Negligent	Rescheduled
7	9	44	2

MAY/JUNE 2006 REPRESENTATION STATISTICS

LABOR MANAGEMENT BOARD HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
10/21/05	Conduct Unbecoming an Employee/Misconduct	80 hours w/40 hour option	Pending Hearing 7/13/06

NON-CONFIRMATION HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
N/A	N/A	N/A	N/A

PRETERMINATION HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
02/17/06	Truthfulness Required at all Times; Conduct	Recommended for termination	Terminated
12/2005	Truthfulness Required at all times;	Recommended for termination	Pending Pre-Termination Hearing 7/1/06

ARBITRATIONS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
N/A	N/A	N/A	N/A

(continued on page 31)

SECRETARY'S MESSAGE

(continued from page 30)

MAY/JUNE 2006 REPRESENTATION STATISTICS (CONT.)

CITIZEN REVIEW BOARD COMPLAINTS			
Dismissed	Referred to IAB for Review	Concurred w/IAB Finding	Pending CRB Decision
0	0	3	1
OFFICER-INVOLVED SHOOTINGS			
Date	Use of Force Board Decision	Inquest Decision	
03/15/06	Justified	N/A - no death	
04/24/06	Justified	N/A - no death	
04/28/06	Pending Scheduling	Pending CI Hearing 06/23/06	
05/13/06	Pending Hearing 06/26/06	Justified	
06/3/06	Pending Scheduling	N/A - no death	
06/11/06	Pending Scheduling	N/A - no death	
06/11/06	Pending Scheduling	N/A - no death	
INTERNAL AFFAIRS SECTION and BUREAU LEVEL INTERVIEWS			
Declined/Cancelled	Represented	Total	
40	70	110	

MARCH/APRIL 2006 REPRESENTATION STATISTICS

LABOR MANAGEMENT BOARD HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
2004/2005	Conduct Unbecoming	48 hours w/out option	Written Reprimand, resolved prior to hearing
08/21/05	Conduct Unbecoming	50 hours w/30 hour option	30 hours w/option
01/04/05	Neglect of Duty	12 hours	Written Reprimand
NON-CONFIRMATION HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
03/24/06	Truthfulness; Standards of Conduct	Recommendation for Non-Confirmation	Non-Confirmed
PRETERMINATION HEARINGS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
02/17/06	Truthfulness Required at all Times	Recommended for termination	Pending Pre-Termination Hearing 6/5/06
ARBITRATIONS			
All. Violation Date	Alleged Violation(s)	Original Discipline	Decision
N/A	N/A	N/A	N/A

(continued on page 32)

SECRETARY'S MESSAGE

(continued from page 31)

MARCH/APRIL 2006 REPRESENTATION STATISTICS (CONT.)

Dismissed	Referred to IAB for Review	Concurred w/IAB Finding	Pending CRB Decision
0	2	1	4

OFFICER-INVOLVED SHOOTINGS

Date	Use of Force Board Decision	Inquest Decision	
02/01/06	Justified	Justified	
02/09/06	Justified	Justified	
03/13/06	Justified	Justified	
03/15/06	Pending Scheduling	N/A - no death	
04/24/06	Pending Hearing 06/06/06	N/A - no death	
04/28/06	Pending Scheduling	Pending CI Hearing 06/23/06	

INTERNAL AFFAIRS SECTION and BUREAU LEVEL INTERVIEWS

Declined/Cancelled	Represented	Total	
49	111	160	

JANUARY/FEBRUARY 2006 REPRESENTATION STATISTICS**LABOR MANAGEMENT BOARD HEARINGS**

All. Violation Date	Alleged Violation(s)	Original Discipline	LMB Decision
2/1/05	Conduct Unbecoming	30 hours w/option	Written Reprimand
6/19/05	Disputes/Arrests/Investigations where Personally Involved	8 hours w/option	Written Reprimand
7/18/05	Dissemination of Criminal History Information	50 hours w/40 hour option (vacation)	Upheld discipline
2004/2005	Conduct Unbecoming	48 hours w/o option	Pending Hearing
6/26/05	Conduct Unbecoming	80 hours w/20 hour option	Withdrew Appeal
4/5/05	Neglect of Duty	50 hours	20 hours w/10 held in abeyance if training is completed
8/21/05	Conduct Unbecoming	50 hours w/30 hour option	Pending Hearing

PRETERMINATION HEARINGS

All. Violation Date	Alleged Violation	Original Discipline	Outcome/Status
1/4/05	Truthfulness; Neglect of Duty; False Information in Reports; Use of Force; and Reporting Requirements	Recommended for Termination	12 hours - Neglect of Duty; minor Use of Force

(continued on page 33)

SECRETARY'S MESSAGE

(continued from page 32)

JANUARY/FEBRUARY 2006 REPRESENTATION STATISTICS (CONT.)

1/4/05	Use of Force; False Information in Reports; Neglector Duty; and Truthfulness	Recommended for Termination	12 hours - Neglect of Duty
1/4/05	False Information in Reports; and Truthfulness	Recommended for Termination	Exonerated
7/12/05	Conduct Unbecoming	Recommended for Termination	160 hours - Conduct Unbecoming
10/11/05	False Reports	Recommended for Termination	Resigned in lieu of termination

PRETERMINATION HEARINGS

All. Violation Date	Alleged Violation	Original Discipline	Outcome/Status
6/28/05	Truthfulness; Obedience; Complaints and Internal Investigations Involved Dept. Employees; Booking Evidence & Property; Drug Free Workplace, Use of Controlled Substance; and CAB Article 24 - Random Drug Testing	Recommended for Termination	Terminated

ARBITRATIONS

All. Violation Date	Alleged Violation	Original Discipline	Outcome/Status
2/20/05	Truthfulness; Police Business Confidential; and Consorting w/Persons of Ill Repute	Termination	Reinstated

CITIZEN REVIEW BOARD COMPLAINTS

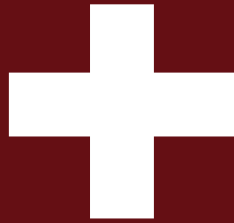
Dismissed	Referred to IAB for Review	Pending Response	Pending CRB Decision
7	1	3	4

OFFICER-INVOLVED SHOOTINGS

Date	UOF Decision	Inquest Decision	
01/02/06	Justified	Justified	
01/02/06	Justified	Justified	
01/11/06	Justified	N/A - no death	
01/31/06	Pending Scheduling	Justified	
02/09/06	Pending Scheduling	Pending Scheduling	

INTERNAL AFFAIRS INTERVIEWS

Declined/Cancelled	Represented	Total	
41	61	102	



IPOF Blood Drive for Dustin Ciecalone

Detective Michelle Jotz
Executive Board Secretary

On Monday, September 25, the IPOF held a fundraiser blood drive at the PPA office to benefit Officer Dustin Ciecalone, who was critically injured while on duty. While Dustin is improving, the Metro family still wanted to reach out, thus the blood drive was held. Donors were lined up early to show their support.



MILITARY FAMILY RESOURCES

The Family Unity Network has compiled this list of links for organizations that provide free or discounted products and services for military personnel and their families.

- <http://www.operationhomelink.org/>
They provide free computers for spouses or parents of deployed soldier in ranks E1-E5.
- https://store.primediamags.com/soldier2/service_member_pg.html
They provide free magazines, up to three choices, for deployed service members.
- <http://www.prweb.com/releases/2004/2/prweb106818.htm>
They provide free mail/gifts sent to children of deployed soldiers.
- <https://www.operationuplink.org/>
They provide free phone cards.
- <http://anysoldier.com/ForSoldiersOnly.cfm>
They provide a sign-up opportunity to sponsor soldier care packages for theater.
- <http://www.operationshoebox.com/>
They provide a free shoebox care package.
- <http://www.treatthetroops.org/>
They provide free cookies.
- <http://bluestarmoms.org/airfare.html>
They provide the lowest airfare available.
- <http://bluestarmoms.org/care.html>
They provide free care packages.
- <http://66.241.249.83/>
They provide free air conditioners/heaters.
- <http://www.heromiles.org/>
They provide free air travel for Emergency Leave and for the family members of injured soldiers to travel to Medical facility.
- <http://www.bluestarmothers.org/airlinespecials.php>
They provide airline discounts for R & R.
- <http://www.booksforsoldiers.com/forum/index.php>
They provide free books, DVDs, CDs.
- <http://prayercentral.net/engage/militaryprayer/daily.php>
They provide daily prayer and scriptures.
- <http://www.militarymoms.net/sot.html>
They provide free care packages (your family member signs up to have them sent to you).
- <http://operationmilitarypride.org/smsignup.html>
They provide free care packages.
- http://www.soldiersangels.org/heroes/submit_a_soldier.php
They let you get adopted to receive stuff.
- <https://www.treatsfortroops.com/registration/index.php>
They provide free gifts and care packages.
- <http://www.emilitary.org/forums/index.php?s=c200230df4b511793b37d9fa7072b056&showtopic=354&pid=664&st=0&#entry664>
They provide a free Bible, Christian video, and book for spouse/family members of deployed troops.
- http://www.defenselink.mil/news/Nov2004/n11232004_2004112312.html
They provide free shipping/packing materials for shipping to troops.

Families with military members deployed can get free **mailing supplies** from the Post Office! Call (800) 610-8734, and select option #1, then #1 again, and ask for the "Military pack". Eight boxes, tape, packaging materials and labels will be mailed to those who call. They will also provide an I.D. number to re-order. Please allow four to ten days to receive the materials. **VB**



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